

## WAIVER & RELEASE FORM

### For Personal Trainer Antonina Letunovskaya (WeCirque)

I understand that physical exercise can be strenuous and subject to risk of serious injury, you are urged to obtain a physical examination from a doctor before participating in any exercise activity.

You (PRINT NAME) \_\_\_\_\_ agree that if you engage in any physical exercise or activity, you do so entirely at your own risk.

This waiver and release of liability includes, without limitation, all injuries which may occur as a result of: (a) your participation in any activity or personal training session and (b) instruction, training or supervision by your Personal Trainer / Fitness Instructor.

**I had/have injury history:** (please list if you had any prior injuries from the waist down and when did they happen):  
\_\_\_\_\_

\_\_\_\_\_

You acknowledge that you have carefully read this “waiver and release” and fully understand that it is a release of liability. You expressly agree to release and discharge your Personal Trainer from any and all claims or causes of action and you agree to voluntarily give up or waive any right that you may otherwise have to bring a legal action against your Trainer for personal injury or property damage.

To the extent that statute or case law does not prohibit release for negligence, this release is also for negligence on the part of the Personal Trainer.

If any portion of this release from liability shall be deemed by a Court of competent jurisdiction to be invalid, then the remainder of this release from liability shall remain in full force and effect and the offending provision or provisions severed here from.

**Video and pictures release:**

- I also hereby grant and authorize Antonina Letunovskaya (WeCirque) the right to take, edit, alter, copy, exhibit, publish, distribute and make use of any and all video and pictures taken of me to be used in and/or for any lawful purpose. This authorization extends to all languages, media, formats and markets now known or later discovered.
- This authorization shall continue indefinitely, unless I otherwise revoke this authorization in writing.
- I waive the right to inspect or approve any finished product in which my likeness appears.
- I waive any right to royalties or other compensation arising or related to the use of the video.

I hereby hold harmless and release **Antonina Letunovskaya** from all liability, petitions, and causes of action, which I, my heirs, representative, executors, administrators, or any other persons may make while acting on my behalf or on behalf of my estate.

Signed: \_\_\_\_\_